



Exploring Our Inner Libraries

Years	Pre-conception	-9 months	- 6 months	- 3 months	- 1 month	Birth	1 month
Type of Diet							
Supplements							
Medications							
Vaccinations							
Illnesses							
Accidents/ Incidents							
Interventions /Therapies							
Operations							
Significant people							
Major Events							
Affairs of the Heart							
Children							
Activities							
Studies							
Employment							

